

Education Roadmap for Students with Medical and Mental Health Needs (ages 18+)

Medical and Mental Health conditions can impact a child's education. Here are some questions to help guide conversations with parents, providers, and school staff about educational success. If more help is needed, ask your medical team if a referral to the School Intervention Program is needed.

Glossary of Terms

IHP: Individual Health Plan

ISP: Individual Service Plan

504: 504 Accommodation Plan

IEP: Individualized Education Program

ETR: Evaluation Team Report

*Terms may vary by state

Every Year Check-In

- ☐ Does school have updated medication forms for the school year? By law, students should only carry emergency medications (such as inhalers, EpiPen, or seizure medication).
- ☐ Does school have copies of hospital evaluations or reports (such as IQ, ADHD, speech, or physical therapy)?
- ☐ Is the plan (such as an IHP, ISP, 504, IEP) current? Does the student understand the plan?
- ☐ Has the current plan been reviewed with the school team or new staff? Are there any unique activities or field trips that may require extra planning for the student's needs?
- ☐ When is the yearly IEP review? Is the ETR due this school year?
- ☐ Are there known potential symptoms and triggers? Does the student know what to do if they have symptoms?
- ☐ Is there a plan for managing absences, getting assignments, homebound instruction, or making up missed instruction time?
- ☐ Are there planned enrichment activities for this year or next summer? Do you need help with access?
- ☐ Are there established fitness routines, sleep and hygiene habits, and a homework environment?

18+ Years

- ☐ Have you considered getting a safe job skill license or certification? (such as computer apps, phlebotomy, forklift, commercial driver's license – see full list of ODE Industry Recognized Credentials)
- ☐ Have you contacted your school's disability services office? Have you talked to your professors about any real or potential accommodations?
- ☐ Are you looking for other ways to build your resume?

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- ☐ Are you working?
- ☐ Are you doing community service?
- ☐ Have you thought about who could provide a good professional reference?
- ☐ Have you worked on other job-finding skills (like resume writing or interview skills)?

