

Education Roadmap for Students with Medical and Mental Health Needs (ages 9 to 12)

Medical and Mental Health conditions can impact a child's education. Here are some questions to help guide conversations with parents, providers, and school staff about educational success. If more help is needed, ask your medical team if a referral to the School Intervention Program is needed.

Every Year Check-In

- ☐ Does school have updated medication forms for the school year? By law, students should only carry emergency medications (such as inhalers, EpiPen, or seizure medication).
- ☐ Does school have copies of hospital evaluations or reports (such as IQ, ADHD, speech, or physical therapy)?
- ☐ Is the plan (such as an IHP, ISP, 504, IEP) current? Does the student understand the plan?
- ☐ Has the current plan been reviewed with the school team or new staff? Are there any unique activities or field trips that may need extra planning for the student's needs?
- ☐ When is the yearly IEP review? Is the ETR due this school year?
- ☐ Are there known potential symptoms and triggers? Does the student know what to do if they have symptoms?
- ☐ Is there a plan for managing absences, getting assignments, homebound instruction, or making up missed instruction time?
- ☐ Are there planned enrichment activities for this year or next summer? Do you need help with access?
- ☐ Are there established fitness routines, sleep and hygiene habits, and a homework environment?

9-12 Years

- ☐ Have you looked at options for junior high and high school? Do you know the enrollment process and timelines?
- ☐ Has your child participated in at least some of the school plan review meetings?
- ☐ Is your child starting to develop self-advocacy skills? (See self-advocacy resources from understood.org or wrightslaw.com)

Glossary of Terms

IHP: Individual Health Plan

ISP: Individual Service Plan

504: 504 Accommodation Plan

IEP: Individualized Education Program

ETR: Evaluation Team Report

*Terms may vary by state