

Education Roadmap for Students with Medical and Mental Health Needs (ages 3 to 6)

Medical and Mental Health conditions can impact a child's education. Here are some questions to help guide conversations with parents, providers, and school staff about educational success. If more help is needed, ask your medical team if a referral to the School Intervention Program is needed.

Glossary of Terms

IHP: Individual Health Plan

ISP: Individual Service Plan

504: 504 Accommodation Plan

IEP: Individualized Education Program

ETR: Evaluation Team Report

*Terms may vary by state

Every Year Check-In

- Does school have updated medication forms for the school year? By law, students should only carry emergency medications (such as inhalers, EpiPen, or seizure medication).
- Does school have copies of hospital evaluations or reports (such as IQ, ADHD, speech, or physical therapy)?
- Is the plan (such as an IHP, ISP, 504, IEP) current? Does the student understand the plan?
- Has the current plan been reviewed with the school team or new staff? Are there any unique activities or field trips that may need extra planning for the student's needs?
- When is the yearly IEP review? Is the ETR due this school year?
- Are there known potential symptoms and triggers? Does the student know what to do if they have symptoms?
- Is there a plan for managing absences, getting assignments, homebound instruction, or making up missed instruction time?
- Are there planned enrichment activities for this year or next summer? Do you need help with access?
- Are there established fitness routines, sleep and hygiene habits, and a homework environment?

3-6 Years

- What are the different preschool or elementary school options?
- Is your child enrolled in preschool or elementary school?
- Are you looking for ways to develop your child's social skills outside the home and school?
- What are the school enrollment processes and timelines?
- Are you working on kindergarten readiness skills with your child?

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- Do you know about different school support plans?
- After enrolling, are you starting a documented plan at school? Be sure the plan includes the whole school experience (transportation, field trips, and emergency evacuation planning).
- Have you talked to the school team about any related services (such as speech, occupational, or physical therapy, or school-based mental health services)?
- Have you thought about before/after school care?
- What health information should be shared with a before/after school care provider?
- What school transportation options, including curb-to-curb special transportation, is needed?
- Do you have a good way to keep and organize school records?